

A Daughter of Heavenly Parents Making Decisions



Who You Are → Growing the Savior's Way → Hear Him → Go Forward with Faith

A Child of Heavenly Parents

Read the current Young Women Theme. How does knowing that you are a daughter of heavenly parents affect the way you see your own potential?

Read Joshua 24:15. Why do you choose to follow the Savior?

Many Life Choices are Ahead for You

Read Luke 2:52. The Savior grew in a balanced way in his life and so should you. Now is the time to begin preparing for young adulthood. With Heavenly Father's guidance, you can make a plan in each aspect of your life. Why do you think He wants to help you with this?

What initial impressions come to you as you think about your future in each of these areas:

Spiritual

Educational

Relationships

Physical Health

Hear Him

How we receive revelation is very personal. Think about times where you have felt Heavenly Father directing you or answering your prayers. Try to remember what it felt like and how you created the environment to receive answers. Record these details.

Patriarchal Blessing

Read your blessing. As you do, pay close attention to who you are to Heavenly Father. Make notes of each specific promise you are given and any details listed or impressions about what you must do to receive these promises.

Promise

What I Must Do

Listen to or Read This Talk with Your Parent or Mentor

Discuss this talk for 10 minutes – Write down what you learned

Let God Prevail by President Russell M Nelson. November 2020.

<https://www.churchofjesuschrist.org/study/ensign/2020/11/46nelson?lang=eng>

Witnesses

3 Interviews: Ask your mom or grandmother, someone you trust in the gospel, and a faithful mentor or a friend, how they have made important choices in their lives. Let the spirit guide who you ask. What are their witnesses about how God has led them in making decisions?

Mom or Grandmother

Someone you Trust in the Gospel

Mentor or Friend

Go Forward with Faith: Make Your Plan

Your plan should include growth in all aspects of your life. Your plan should also be flexible—good plans evolve. Remember, the Lord often reveals himself ‘line upon line’ and we have to move forward to receive more revelation. And don’t forget, this is YOUR plan.

What do you feel impressed to work on now, prior to graduation?

Spiritual

Educational

Relationships

Physical Health

Listen to or Read These Two Talks with Your Parent or Mentor

Discuss these talks for 10 minutes – Write down what you learned

Your Great Adventure by Elder Dieter F. Uchtdorf. October 2019.

<https://www.churchofjesuschrist.org/study/general-conference/2019/10/43uchtdorf?lang=eng>

An Especially Noble Calling by Sister Joy D. Jones. April 2020.

<https://www.churchofjesuschrist.org/study/general-conference/2020/04/14jones?lang=eng>

To Young Women by Elder Jeffery R. Holland. October 2005. Your physical body is sacred gift and a critical part of your earthly experience. Satan seeks to confuse you regarding this gift. In one or two sentences, can you summarize the last 7 paragraphs of this talk?

<https://www.churchofjesuschrist.org/study/general-conference/2005/10/to-young-women?lang=eng>

List two or three ideas in each category that you would like to take to the Lord about what you could do in the year after you graduate. Give yourself options.

Spiritual

Educational

Relationships

Physical Health

Good work! Now with these options in mind, share your ideas with your parent or mentor and meet with your bishop to discuss how you'll decide the direction you need to move forward.

